

**Identify a Mentee**

*A leader should be in a continual cycle of being poured into (being mentored) and pouring into someone else (serving as a mentor). This activity will help your students identify a person in their lives whom they could mentor. Encourage your students, when appropriate, to approach this person as a possible mentee. As the adult leader or youth pastor, it is wise to oversee this process.*

A mentee is a person who is younger than you, or not as far along as you in their walk with Christ. You can encourage a mentee as they learn from your experience – doing what you found helpful and avoiding your mistakes. All you need is time and a willingness to help someone else.

**Directions:** List at least 5 characteristics, qualities or traits that you would look for in selecting a mentee. Explain the reason you think this attribute or quality is important.

A Mentee Should...	Because...
1.	
2.	
3.	
4.	
5.	

**Note to Facilitators:**

Ideally, students should identify and approach a possible mentee. But realistically, they may not have time to work with both a mentor and a mentee. If so, first help them find a mentor who will be a trusted counselor, and one who will teach them how to mentor. Later, they can begin to mentor others, too.