

Right Way

We tend to think our way is the right way, the best way, the only way. The truth is that our way is only that – our way. We each have preferences, but we need to allow others to have their own preferences, too. This fun assessment will illustrate this principle for your students.

Read the each question below and circle the answer that best describes your personal preference.

1. The toilet paper should roll out from the ...
 - a. Top
 - b. Bottom
2. Soft drinks should be called ...
 - a. Soda
 - b. Pop
3. The toothpaste tube should be squeezed ...
 - a. From the bottom to the top
 - b. Anywhere on the tube you want

Please record below your total number of answers for each letter:

A. _____

B. _____

Facilitators:

Read each question one at a time and have participants mark their answers. When finished, go back to question 1, read the sentence stem, and ask for a show of hands for each option. Then tell them that the correct answer is "A" (or "B" depending your preference). Do **NOT** tell them that it's your answer. Just say, "The correct answer is ____ and move on." Have them record their totals and ask for a show of hands.

Follow Up Question:

- In what areas in your life do you have beliefs that are so strong they may hinder your relationships?