

# SCOPE & SEQUENCE



## SCOPE

In **Gear Up!**, we've included one lesson set for each month of the calendar year. We recommend that you start in January with the four lessons included in *I Resolve*. Depending on your needs, you can start anywhere, skip a lesson, or base your sequence on the needs of your group. Below is a description for each set of lessons included in **Gear Up!**, as well as a suggested overall sequence.

## SUGGESTED SEQUENCE



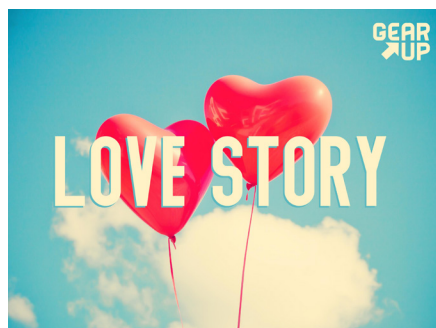
### I Resolve (4 Lessons)

JANUARY

FOUR LESSONS ON GODLY RESOLVE

Unlike the New Year's Resolutions that show up every January, Scripture gives us several examples of strong, godly resolve. Godly resolve is a commitment to God and his ways, powered by God. This series will challenge students to understand what resolve looks like, what Christ-followers resolve, and what to do when our resolve fails.

1. Stay Strong (Daniel 1:1–17)
2. Drop Your Backpack (Philippians 3:7–14)
3. Your People, My People (Ruth 1:1–18)
4. Plugged In (John 15:1–11)



### Love Story (4 Lessons)

FEBRUARY

FOUR LESSONS ON THE INTERSECTION OF FAITH AND RELATIONSHIPS

Instead of letting culture define what love is, we should be looking to the ultimate example of God's love for us. Love Story is a four-lesson series that will help students think about love from a Christ-follower's perspective, establishing a firm, foundational understanding of God's love and his purpose for love in our lives.

1. God So Loved... (John 3:11–21)
2. You're a Masterpiece (Psalm 139)
3. What Makes a Love Story? (Ruth 1:15–18; 2:1–13; and 3:8–13)
4. Reflectors (John 13:31–35)



### Hard Times (4 Lessons)

**MARCH**

FOUR LESSONS ABOUT FOLLOWING JESUS THROUGH THE HARD TIMES

These four lessons take a deep look at the book of 1 Peter. Peter writes a lot about the intersection of suffering, salvation, and hope in the Christian life, so each lesson helps students answer the question, “What do I do when following Jesus isn’t easy?” Students will walk away with a new understanding of the power of hope and how God works in the difficult seasons of their lives.

1. Living Hope (1 Peter 1:3–13)
2. But I Don't Want To! (1 Peter 1:13–2:3)
3. Stay on Track (1 Peter 3:8–17)
4. Not Shocked (1 Peter 4:12–19)



### Savior Solution (4 Lessons)

**APRIL**

FOUR LESSONS ON HOW JESUS SOLVES OUR BIGGEST PROBLEM

These four lessons will focus on Jesus' final days on earth. Each lesson will show how Jesus provides the solution—sometimes in an unexpected way—to our problem of sin and separation from God. Students should see that they need to be saved from their sin, that Jesus accomplishes this for them, and that his resurrection offers a solution for their daily lives as well.

1. World-Saver (John 12:44–50)
2. Unexpected (Luke 19:28–40)
3. I Am Barabbas (Mark 15:1–15)
4. Saved, Then Sent (Luke 24:36–53)



### Worried (4 Lessons)

**MAY**

FOUR LESSONS ON HOW TO GROW IN FAITH AND MOVE PAST FEAR

God promises peace, providence, and redemption through a relationship with him, but we are often self-obsessed, leading to an unstable foundation for our lives that is prone to fear and worry. These four lessons will address the problems of worry, anxiety, and fear in the life of a Christ-follower.

1. What If I'm Anxious? (Philippians 4:4–9)
2. What If It Doesn't Work Out? (Luke 12:22–34)
3. What If I'm Afraid? (Psalm 27)
4. What If I Mess Up? (Matthew 26:34–35, Mark 14:66–72, & John 21:15–19)



### Walk the Walk (4 Lessons)

**JUNE**

FOUR LESSONS ON THE INTERSECTION OF FAITH AND RELATIONSHIPS.

These four lessons will focus on what it means to be a Christian. Anyone can talk the talk of being a Christian, but what does it mean to actually walk the walk? God gave us a perfect example to follow in Jesus. He also empowers us to live differently—to bear godly fruit, serve one another, and introduce the world to God.

1. Follow his Footsteps (Matthew 16:24–25)
2. Live Different (Colossian 3:1–17)
3. Stronger Together (Ephesians 4:1–16)
4. On Display (1 Peter 2:1–12)



### James (4 Lessons)

**JULY**

FOUR LESSONS ON MATURITY FROM THE BROTHER OF JESUS

These four lessons from the brother of Jesus focus on several key elements of Christian maturity that help students follow Christ consistently through the ups and downs of life while living out what they believe.

1. No Pain, No Gain (James 1:1–12)
2. Do It (James 1:16–25)
3. Words Matter (James 3:3–12)
4. Turning it Around (James 4:1–6; 5:15–18)



### All-In (4 Lessons)

**AUGUST**

FOUR LESSONS ON HOW TO START STRONG AND COMMIT WHOLEHEARTEDLY

Our world tends to pressure us to be good at everything, but it also can make us feel like it's uncool to care deeply about something. Instead of bending to the world's perspective on commitment, this series will challenge students to stay "all-in" from beginning to end and through all the rough spots in between.

1. Beginnings Matter (Acts 9:17–25)
2. Packing Light (Matthew 6:25–33)
3. Recalculating (Psalm 51)
4. Staying Connected (John 15:1–11)



### Upside-Down (4 Lessons)

**SEPTEMBER**

FOUR LESSONS ON JESUS' TEACHING IN THE SERMON ON THE MOUNT

This series looks at how Jesus' teaching turned everyone's ideas of religion and life upside down. When students encounter Jesus' words in the Sermon on the Mount, they will be challenged to take a deeper look at what sin, justice, prayer, and godly living are really about.

1. Different Kind of Justice (Matthew 5:38–48)
2. The Secret Service (Matthew 6:1–18)
3. Straight to the Heart (Matthew 5:21–30)
4. Rock-Solid (Matthew 7:24–29)



### Homecoming (4 Lessons)

**OCTOBER**

FOUR LESSONS ABOUT FINDING YOUR WAY HOME (HOME IN JESUS).

When we are caught up with what our world and culture prioritize, we can be tempted to think of the world as our home. This series will give students a clear understanding that our true home is in relationship with God. These four lessons will show how God welcomes his children home, how to be at home in a contradictory world, how to think about heaven, and how to leave behind our worldly homes to follow God.

1. Prodigal (Luke 15:11–32)
2. Hope for Now (2 Corinthians 4:16–5:2)
3. Where's Home? (Revelation 21:1–6)
4. Legacy of Faith (Hebrews 11:8–16)



### Thankful (4 Lessons)

**NOVEMBER**

FOUR LESSONS ON HOW THANKFULNESS CHANGES EVERYTHING.

These four lessons will show students the impact of a consistent habit of thankfulness. When we commit to thankfulness, we're really committing to deeper trust in God. Students will be challenged to change their mindset, practice thankfulness, and develop habits that cultivate thankfulness and trust.

1. Thankfulness Starts Here (Philippians 4:4–9)
2. No Whining (Jonah 3:10–4:11)
3. More Than an Add-On (Colossians 3:5–17)
4. Rearview Mirror (Psalm 106:1–12)



### Carols (4 Lessons)

**DECEMBER**

FOUR LESSONS ON THE DEEPER MEANING BEHIND YOUR FAVORITE CHRISTMAS CAROLS

Instead of just singing along to carols this Christmas, what if we knew what they were about? By looking at common Christmas carols, these four lessons will help students celebrate Jesus the Savior, see how his coming impacted the Israelites, and examine how Christmas still offers hope to our world today.

1. The First Noel (Isaiah 60:2–3 & Matthew 2:1–12)
2. Peace on Earth (Luke 2:8–20)
3. Immanuel (Isaiah 7:14 & 9:1–7)
4. Joy to the World (Psalm 98)