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## YOUR SWEET SPOT

Passion. It drives us, connects with us. It stirs the life in our souls and compels us to reach for more than just the mundane. Passion ignites the best within us and powers our lives with compelling emotion. You know when you see it in another person and you know when it is lacking. To be passionate about something in life, anything in life, is to be alive. Without it, days are boring and not exactly worth getting out of bed.

God wired you a specific way and gifted you with strengths and abilities only you have. He's also placed in you certain passions and powerful convictions that seem to drive you. When you live and work within these convictions, God releases your potential for good into the world.

When stepping into ministry, it's important to know what you are passionate about. Unfortunately, many youth ministry volunteers are placed into roles based on needs: a small group leader, a worship leader, a mentor. But what if you were placed according to your passion?

If you are placed within ministry according to your passions and your desires, you'll be serving within your *Sweet Spot*. This interactive survey will give you a focused gaze into your heart, tell you what you're passionate about, where you'd love to serve, and even the students with whom you'd love to build relationships. Using this book will also help your youth pastor; he or she longs for you to impact students in huge ways. Your passion for students is clear based on your desire to serve, but where will you lead them? By unveiling your passions, your influence will grow and you'll find your *Sweet Spot*.

## PASSIONS

On the following pages you will find a list of 100 different things a person could be deeply passionate about in life. They range from world issues to hobbies, for each individual person has their own way of looking at the world. It's important to note the rating scale under each individual example. As you read each example, fill in the corresponding bubble based on your gut reaction. While you may thoroughly enjoy watching sports, a deep passion for the game may not well up inside you. At the same time, you may wish for the end of abortion or war, yet these desires do not take form in your life on a regular basis. The things you are deeply passionate about are the things that manifest themselves in your day-to-day life or at least consume your thoughts. And while this list is not exhaustive, it is complete. However, if you know an area of passion in your life that is not represented here, at the end of the list there are five blank spots to write in your own idea if you so choose.

## ADMINISTRATION

| NOT<br>INTERESTED         | INTERESTED | ENGAGING | SOMEWHAT<br>PASSIONATE | HIGHLY PASSIONATE |  |
|---------------------------|------------|----------|------------------------|-------------------|--|
|                           | 2          | 3        | <u>(4)</u>             | (5)               |  |
| ADULT MINISTRIES          |            |          |                        |                   |  |
| NOT<br>INTERESTED         | INTERESTED | ENGAGING | SOMEWHAT<br>PASSIONATE | HIGHLY PASSIONATE |  |
| 1                         | 2          | 3        | 4                      | 5                 |  |
| AGRICULTURE/FARMING       |            |          |                        |                   |  |
| NOT<br>INTERESTED         | INTERESTED | ENGAGING | SOMEWHAT<br>PASSIONATE | HIGHLY PASSIONATE |  |
| (1)                       | 2          | 3        | (4)                    | 5                 |  |
| ALCOHOLISM                |            |          |                        |                   |  |
| NOT<br>INTERESTED         | INTERESTED | ENGAGING | SOMEWHAT<br>PASSIONATE | HIGHLY PASSIONATE |  |
| 1                         | 2          | 3        | 4                      | 5                 |  |
| ANTIQUES AND COLLECTIBLES |            |          |                        |                   |  |
| NOT<br>INTERESTED         | INTERESTED | ENGAGING | SOMEWHAT<br>PASSIONATE | HIGHLY PASSIONATE |  |
| 1                         | 2          | 3        | 4                      | 5                 |  |
| ARCHITECTURE              |            |          |                        |                   |  |
| NOT<br>INTERESTED         | INTERESTED | ENGAGING | SOMEWHAT<br>PASSIONATE | HIGHLY PASSIONATE |  |
| 1                         | 2          | 3        | 4                      | 5                 |  |