

## -FREE SAMPLE-

Thank you for downloading this FREE SAMPLE of *Lessons on the Go*. Each lesson has a Bible study, application step, memory verse, and prayer method. This sample includes *Filtered*, the first lesson from the *#nofilter* series. We've also included an overview of the *#nofilter* series, along with some tips to help you facilitate discussion.

# HOW TO USE THIS RESOURCE

*Lessons on the Go* are easy-to-use youth ministry lessons that are Bible-based and single-focused. They're designed to help everyone from volunteer leaders to experienced full-time youth workers quickly facilitate great discussions with clear takeaways and real-life application steps.



## WHAT TO DO

- One handout / Two options:**
  - SIMPLE:** Give everyone both front and back pages. Just print and go!
  - CUSTOM:** Give students the back page. Keep the front page as a leaders-only resource so you can customize the opening question, teaching, and discussion prompts for your group's needs.
- Apply It:** Challenge students to get specific. Growth happens when we make a plan, then ask others to keep us accountable. You may want to assign a different student to personally follow-up after each lesson.
- End with prayer:** Each lesson ends with a different prayer method to help students continue thinking about how The Takeaway applies to daily life. Spend a few minutes walking through the prompts to make sure your students know what they need to do when they're on their own during the week.

## #NOFILTER SERIES OVERVIEW

### Four lessons on keeping it real in a post-driven world

This series deals with the relationship between social media and student life. From the false masks (or filters) students put on, to addiction, to the price face-to-face relationships pay in a post-driven life.

### LESSON 1

Filtered

**SCRIPTURE:** Luke 18:9-14

**THE TAKEAWAY:** God values an honest and unfiltered life.

### LESSON 2

Addicted

**SCRIPTURE:** Matthew 6:19-24

**THE TAKEAWAY:** Our time and focus reveal what we value.

### LESSON 3

Real Reality

**SCRIPTURE:** Colossians 3:1-10

**THE TAKEAWAY:** Our "real reality" is that we live forever with God.

### LESSON 4

Love vs. Like

**SCRIPTURE:** Matthew 22:34-40

**THE TAKEAWAY:** God's greatest commandment to love requires more than "liking" posts on social media.

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HELPING YOUTH WORKERS BE INTENTIONAL

## THE TAKEAWAY

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God values an honest and unfiltered life.

### OPENING QUESTION

How do you decide what to post on your social media accounts?

### READ

Luke 18:9–14

## WHAT THE BIBLE HAS TO SAY ABOUT IT

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Why is it such a big deal when a celebrity posts a real, unfiltered, non-edited photo to one of their social media accounts? In this world of constant stories, photos, and likes, it seems as though everything must be perfect. We go to great lengths to portray the perfect image or the perfect life to our followers—so when someone posts something straight out of real life, it goes against the norm. Everybody notices.

This way of living and interacting on social media (trying to present the perfect image) can dangerously trickle into our relationship with God. It's a problem that causes us to push God aside in order to make room for our own egos. Even when Jesus was on the earth, long before social media was ever invented, people struggled with loving their perfect image more than they loved God.

**Read Luke 18:9–14** to discover what God values in the way you present yourself to the world and to him.

### Discuss:

- How is the Pharisee's prayer different than the tax collector's?
- According to this passage, what does God value?
- What version of yourself do you portray to the world? to God?
- How much of your true self is reflected in your social media accounts?

## APPLY IT

This week, what is one way you can focus less on the perfect image of yourself and more on God?

What are you going to do?

When are you going to do it?

Is there someone who can keep you accountable?

## MEMORY VERSE

"Do not be conformed to this world, but be transformed by the renewal of your mind."  
Romans 12:2a (ESV)

## ON YOUR OWN...

Prayer doesn't always come easily. Sometimes we need help to know when to pray, how to pray, and what to pray about. This week focus on going through each letter in the ACTS prayer method honestly, unfiltered.

## ACTS PRAYER

The ACTS Prayer Method is a tool to guide you toward a complete process of prayer and away from the common wish list of things you want from God. Pray through the following:

**Adoration:** Praise God for who he is

**Confession:** Confess your sins before God

**Thanksgiving:** Offer thanks for God's gifts

**Supplication:** Present your requests to God

## MY NOTES: