

# Mentoring Road

**Volume Two: No Regrets**

**Mentee's Journal**



Developing Leaders To Fulfill The Great Commission

LeaderTreks is a student leadership development ministry using curriculum, innovative training, and trips to help students identify and develop their personal leadership skills. We are calling the church to join us in making leadership development a core of youth ministry. To that end, we partner with youth workers who are passionate about developing the next generation of leaders in the church and culture. Our resources challenge and change participants. Students gain confidence and motivation, and a new vision for how they can lead and serve others.

### *Mentoring Road: Volume Two, No Regrets*

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## What is the Mentoring Road all about?

Life is a journey, a road we all travel. It's how God designed it. But He didn't intend for us to walk the road alone. Rather He tells us to surround ourselves with people who will come alongside of us, provide direction and wisdom, encourage us to stay on course, challenge us to push ourselves, and hold us accountable. That's what Jesus did with his disciples.

A mentor is one of the people who comes alongside of you. The purpose of a mentor is to help you navigate the ups and downs of your journey and to urge you to carry on. A mentor believes in you, believes that you can persevere until you arrive at your destination.

Usually a mentor is someone a little older than you, someone who has a more life experience. It could be an adult, or it could be a student who is older than you are. Their experience, combined with your potential, results in a relationship that can lead to transformation – a changed life.

A mentor does not just listen to everything that is happening in your life. A mentor helps you make decisions and goals to move forward, to take the next steps on your journey, to reach your destination.

*To get started...* Just pick a time and place with your mentor, open up your books and your Bibles, and start.

There are nine sessions in this book. The first session and the last session deal with your Life Map, which is located on the inside back cover. The other seven sessions cover topics to help you move forward on your journey.

## **Most sessions follow this outline:**

- :: check it** – An opportunity for you to share with your mentor how you did on the goal you set the week before.
- ::** An introduction to the topic for that session.
- :: read it** – A relevant Scripture passage to read together and questions to discuss.
- :: discuss it** – An opportunity for you to discover how the topic and biblical truth intersect with your life. This part of the session always points you back to your Life Map and allows you to make changes.
- :: apply it** – A specific application of the topic to your life. This is where you make a measurable goal for the next week. Measurable goals always answer the questions: What? Where? When? How?
- :: pray about it** – A prayer focus for the upcoming week. Since prayer is a conversation with our sovereign God – the One who has no beginning and no end – talking to Him, asking Him for guidance on your journey is the best thing you can do.
- :: meditate on it** – A Scripture to memorize or mediate on over the upcoming week. We recommend writing the verses on an index card and putting it somewhere you'll see it every day – the mirror in your bathroom, your locker at school, your car, etc.

## :: session 2

### :: check it

Begin this session by discussing how you did on the goal you set last time. What went well? What was difficult? How can you continue to incorporate this into your life?

:: One of the most terrifying words in the English language is “regret.” It is terrifying because we don’t get a reset button; we can’t get back time. It is even more frightening when we realize that we’re not promised much time. James 4 says: “You are a mist that appears for a little while and then vanishes.”

In light of the fact that time is irreplaceable and limited, how should we live? Should we just coast, waiting until our time is over? Or should we make the absolute most of this valuable resource? The former leads to disappointment, the latter leads to satisfaction and peace. One way to live free of disappointment is to live with excellence.

Excellence is rare because it’s not necessary. You don’t need excellence to get by or to make most people satisfied. However, excellence speaks volumes about your character. Choosing to live with excellence indicates that you are living for God and not for yourself or others.

### :: read it

Read Romans 12 and answer these questions:

In this passage, God defines living with excellence. Make a list of everything you find (for example: offer your life to God (v. 1), love sincerely (v. 9), etc.).

Review all the things you wrote down. Does excellence come easily or cheaply? What does excellence cost?

Verse 2 tells us what God’s will is. What is it, and why is it excellent?

Is it possible to live with excellence? Explain your answer.

**:: discuss it**

Discuss the following with your mentor:

Refer back to your list. In what ways are you living with excellence?

Does excellence mean perfection? Is it the same for everyone all the time?

When was a time you knew that you fell shy of excellence?

Pull out your Life Map. How does what you learned today apply to the things on your map? Would living with excellence make a difference? How?

**:: apply it**

In what ways are you not living with excellence? What action will you take this week to start living with excellence? (Good applications always include a what, when, where and how.)

**:: pray about it**

Pray through Colossians 3:23-24, and ask God to remind you to live and work for Him, which serves as a blessing to others.

**:: meditate on it**

Memorize and/or meditate on Colossians 3:23-24 this week.

*Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.*