

MENTOR JOURNAL

MENTORING **SERVANT LEADERS**



Developing Leaders to Fulfill the Great Commission

Mentoring Servant Leaders

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Note: Each session includes “Just For You” pages that are not included in the Mentee’s Journal.

What is Mentoring Servant Leaders all about?

Mentoring students in leadership is vital. They need someone with wisdom and experience to guide them through the complexity of growing as a leader. Students have a lot going against them as they walk down the leadership road. Many bad leaders have misused their skills, lacked integrity, and have rolled right over them. Your job is to take them along the road, sharing your experiences (complete with success and failures) and help students see the personal side to leadership. Leadership is not about top down decisions, but it's about caring for people and their dreams.

Ultimately, to be effective leaders, students need to learn the balance of doing and being.

We are in balance when we serve others, while realizing that our character speaks louder than our words. The book is about the doing side of leadership or what we call servant leadership. When we apply the skills of a leadership, with a humble heart, we best serve our team. When we communicate intentionally, take risks, and remain focused, we can serve our team by paving the way for them rather than creating obstacles. We have chosen five leadership principles that deal with the doing side of leadership. These principles will help students understand the importance of serving people honing their leadership skills.

How this book is structured

There are seven sessions in this book. The first session and the last session deal with the Life Map, which is located on the inside back cover. The other five sessions cover topics to help your mentee move forward on his or her journey.

Most sessions follow this outline:

Check it – An opportunity for your mentee to share how he or she did on the goal set the week before.

Introduction – An introduction to the topic for that session.

Read it – A relevant Scripture passage to read together and questions to discuss.

Discuss it – A chance to talk through the session topic and how it intersects with your mentee's life.

Walk it – A specific application of the topic to your mentee's life. Encourage your mentee to set a measurable goal for the next week. Measurable goals always answer the questions: What? Where? When? How? (Additional information on goal setting is in the appendix.)

Pray about it – A prayer focus for the upcoming week. Since prayer is a conversation with our sovereign God – the One who has no beginning and no end – talking to Him, asking Him for guidance on your journey is the best thing you can do.

Meditate on it – A Scripture to memorize or meditate on over the upcoming week. We recommend writing the verses on an index card and putting it somewhere you'll see it every day – the mirror in your bathroom, on your refrigerator, in your car or office, etc.

Checklist for getting started

- Pick a time and place to meet with your mentee. We recommend once a week for about one hour.

- Have a discussion about what you expect of each other. Some possible topics include:
 - How available are you both going to be in between meetings?*
 - How interested is your mentee in changing his or her life?*
 - How ready and willing is the mentee to be challenged and held accountable?*

- Review the instructions in Session 1 so you understand how to complete the Life Map with your mentee. (Additional information is provided in the appendix, if you'd like to go even deeper.)

- Invite God into your relationship with your mentee. Pray for discernment and wisdom.

- Show up at the first meeting with this book and your Bible, and get started.

Session 2

Check it

Begin this session by discussing how your mentee did on the service goal he/she set last time. What went well? What was difficult? How can they continue to incorporate this into their life?

One characteristic shared by every great leader is focus. What do you think it means to be focused? At LeaderTreks we define the principle of *Focus Precedes Success* as the skill of having a single minded focus on the goals of the team. Focus is often a tough skill to develop and harder to maintain. Understand, though, that focus will define your success as a leader. A focused leader has tunnel vision, they know what they do best, and they set the standard.

Most of us lack focus in our lives. We do what is natural and easy for us. When we are faced with a tough challenge we find the obstacles difficult to overcome. By learning this principle we will start to examine our own lives. What is our tendency? Do we just hope for success in our endeavors or are we willing to focus on what we need to change in order to reach our goals? We need to realize that focus is key to leadership.

Read it

Read Genesis 6:1-22 and answer these questions:

What was Noah's mission?

How long did Noah focus on the mission?

What kind of distractions did Noah face?

Do you think Noah ever got discouraged or frustrated? Why or why not?

Do you think Noah could have succeeded without focus?

What did focus cost Noah?

Discuss it

Discuss the following with your mentee:

Do you ever feel like you need more focus?

What kind of distractions do you face every day?

Do those distractions ever lead you into temptation or sin?

How could you have a greater focus on God each day?

How does focus serve those around you, especially those you are leading or setting an example for?

Look at your Life Map. Is there any place you are likely to get unfocused? What could it cost you? How can you stay focused?

Walk it

(Good applications always include a what, when, where and how)

Leaders must be focused to be successful. How can you improve your focus this week in an area that you struggle (i.e your relationship with God, your leadership role, your friendships)?

Pray about it

Ask God to help you stay focused on Him and what He wants for you life, in the midst of so many distractions.

Meditate on it

Memorize and/or meditate on Proverbs 4:25-27 this week.

Let your eyes look straight ahead, fix your gaze directly before you. Make level paths for your feet and take only ways that are firm. Do not swerve to the right or the left; keep your foot from evil.

After You Meet With Your Mentee

Is there anything your mentee said that you want or need to remember, or something you need to follow-up on?

Ponder this

As you walk the road of life with your mentee, you may want to consider these questions:

What is your mentee struggling with right now?

What is his or her greatest need?

What are some things to pray about? This can be either specific requests he or she shared with you, or things you feel burdened to pray about.

How do you see God at work in and through your mentee?

What is one area of growth or strength that you see in your mentee? How could you encourage him or her in that over this next week?

Before Your Next Meeting With Your Mentee

{ These ideas are **OPTIONAL** but will take only a few minutes and have a big impact. }

In between meetings with your mentee, here are some FAST AND EASY things we recommend:

- Memorize and/or meditate on the verse from the last session. Write it on an index card and put it somewhere you'll see it every day. If you take this seriously, so will your mentee.
- Pray for your mentee.
- Read through the next session (5-10 minutes). Think about the upcoming topic and identify one example in your own life you could share, if necessary, to encourage your mentee.
- Make one contact with your mentee: Send an email, make a phone call, do something together, write a note. This could take as little as 5 minutes, but goes a long way to demonstrate that you genuinely care.

Don't be afraid to be authentic with your student. Sometimes the best way to help them learn is from your own mistakes. Share a story of a time where you weren't focused and what it cost you. The more they see you as genuine, the more likely they are going to listen to you.

TIP

Remember this

Start your next meeting with your mentee by following up on the application goal he or she set last time. Following up demonstrates that you are serious about holding your mentee accountable to moving forward.