

How To Use This Resource

Herd Junior High are easy-to-use, engaging lessons that are geared toward middle school and junior high students. Bible-based and single-focused, they're designed to help everyone from volunteer leaders to experienced full-time youth workers quickly facilitate great discussions with clear takeaways and real-life application steps.

**CHARACTER:
FRUIT OF
THE SPIRIT**

WHAT TO DO

- One handout / Two options:**
 - SIMPLE:** Give everyone both front and back pages. Just print and go!
 - CUSTOM:** Give students the back page. Keep the front page as a leaders-only resource so you can customize the opening question, teaching, and discussion prompts for your group's needs.
- Apply It:** Challenge students to get specific. Growth happens when we make a plan, then ask others to keep us accountable. You may want to choose a different student to personally follow up with after each lesson.
- End with prayer:** Each lesson ends with a different prayer method to help students continue thinking about how The Takeaway applies to daily life. Spend a few minutes walking through the prompts to make sure your students know what they need to do when they're on their own during the week.

CHARACTER: FRUIT OF THE SPIRIT SERIES OVERVIEW

Ten lessons on living with godly character.

These ten lessons will help students understand what God says about how they should live as his followers. The Bible provides a handy list for us—the fruit of the Spirit—that describes the kind of character God wants us to embody. Throughout these lessons, students will be challenged to not just learn about these traits but apply them to their everyday lives through the help of the Holy Spirit.

Lesson 1 INTRODUCTION	SCRIPTURE: Galatians 5:16–26 THE TAKEAWAY: When we live by the Holy Spirit, we display the character of Christ.
Lesson 2 LOVE	SCRIPTURE: 1 John 4:7–21 THE TAKEAWAY: We can imitate God's love for us by unselfishly putting others first.
Lesson 3 JOY	SCRIPTURE: 1 Thessalonians 5:16–18 & Philipians 4:11–13 THE TAKEAWAY: Joy is based on our contentment in Christ, not our circumstances.

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CHARACTER: FRUIT OF THE SPIRIT SERIES OVERVIEW

(continued)

Lesson 4 PEACE	SCRIPTURE: John 14:27 & Acts 12:1-19 THE TAKEAWAY: We can have peace no matter what because God is in control.
Lesson 5 PATIENCE	SCRIPTURE: 1 Samuel 24 THE TAKEAWAY: Patience is the ability to wait on God's promises without giving up hope.
Lesson 6 KINDNESS	SCRIPTURE: Ruth 1:1-17 THE TAKEAWAY: Showing kindness to others can show them the love of Jesus.
Lesson 7 GOODNESS	SCRIPTURE: Luke 10:25-37 THE TAKEAWAY: When we act in beneficial ways toward others, despite the situation, we bring pleasure to God by practicing goodness.
Lesson 8 FAITHFULNESS	SCRIPTURE: Hebrews 11:6, 8-19 THE TAKEAWAY: Being committed and loyal to your beliefs, regardless of the circumstances, is what faithfulness is all about.
Lesson 9 GENTLENESS	SCRIPTURE: Matthew 1:18-25 THE TAKEAWAY: Gentleness is a humble compassion that shows tenderness rather than insisting on the letter of the law.
Lesson 10 SELF-CONTROL	SCRIPTURE: Genesis 39:1-12 THE TAKEAWAY: Self-control is maintaining disciplined behavior in the face of temptation or anger.