

SAMPLE



Thank you for downloading this FREE SAMPLE of the DNowStudies 4-session Bible Study LEGIT

Legit is an amazing resource for your DNow or Retreat weekend. By leading your student through this study, you'll not only challenge them to live out their faith in a powerful way, you'll equip them to do it long after your event is over.

Before jumping into this sample, make sure you check out all the amazing features that **DNowStudies** puts at your fingertips. There really is nothing else like it anywhere...

WHAT YOU'LL FIND IN THIS SAMPLE

- A Sample of a Small Group Lesson Plan
- A Sample of the Student Book
- A short version of the **Legit** Overviews

Of course each of these components, and dozens more, are available in the full product. This PDF simply gives you an idea of the main content of **Legit**.

If you have questions, email us at dnow@leadertreks.com.
Or, give us a call at **1-877-502-0699**.



Did you know that Small Group Content is just one of the many components you have access to with the purchase of a **DNow** study?

DNowStudies gives you the resources you need to create transformational DNow or Retreat Weekends. Take a look at what's included in your purchase of **Legit**.

- Large Group Speaker Outlines
- Large Group Videos
- Large Group Motion Background/Loop
- Large Group PowerPoint Slides
- Promotional Tools: Web Banner/Poster Files
- Promotional Tools: Promo Videos
- Parent Resources

Throw in built-in **Tools and Training** for you and ALL your leaders and of course your Small Group Lesson Plans and you begin to see how **DNowStudies** really can help make your Disciple Now and/or Retreat Weekend exceptional.

ALSO AVAILABLE:

Student Resources to Complete Your Event



Student Books

Biblically-solid and creative—perfect for students to stay engaged during your event.

T-Shirts

Themed to complete your event.

Follow-up Journals

4 weeks of interactive content to keep students growing beyond the event.



Save money by purchasing in bundles!

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LEGIT

Is it possible to know Truth?

Legit will challenge your student to recognize truth from deception, even though our culture makes it difficult. Despite what the voices around us say, there is such a thing as absolute truth, and we can completely trust it. Your student will be able to quit searching for something to build their life on because the Bible teaches us that the words and ways of Jesus are not only true, but he is the truth (John 14:6). When everything around us can feel a bit fraudulent or misleading, Jesus is the truth we all search for.

The theme verse is from John 14:6: *"Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'"* That's what this DNow event is all about: **absolute truth is out there—and it's easier to find than you think.**

SMALL GROUP OVERVIEW

Small Group Session 1

- **Session Title:** Truth Distorted
- **Main Scripture Passages:** Psalm 19:1–6; John 8:44; John 10:10
- **Session Overview:** The goal of this session is to help you and your students reflect on who or what is most important in their lives. They will identify what they're chasing after for happiness and fulfillment instead of chasing after God himself. When we choose to worship things other than God, we exchange "the truth about God for a lie."

Small Group Session 2

- **Session Title:** Truth Brings Freedom
- **Main Scripture Passages:** John 1:14; 1 John 5:20–21; John 20:30–31
- **Session Overview:** The goal of this session is to help you and your students explore what they believe about truth, think through their own beliefs about Jesus being full of truth, understand the difference between "mental assent" and true belief, then be invited to enter into the way of truth by repenting of their sin and believing in Christ as their only Savior if they have never done so before. They will have the opportunity to surrender their lives to him completely, be freed from their sin, and treasure him alone!

Small Group Session 3

- **Session Title:** Building Your Life on the Truth
- **Main Scripture Passages:** Ephesians 6:14a; John 17:17; Philippians 4:8–9
- **Session Overview:** The goal of this session is to help you and your students solidify why we need to build our lives on God's Word and how to follow the truth we find there. The discussion should help students think through what it looks like to take off the old self, put on the new self, and actively follow Jesus based on the truth they discover in the Bible. God's Word is infinitely important in our everyday lives to sustain us and teach us, prepare us for weathering life's storms when they come, and help us become more like Jesus.



Small Group Session 4

- **Session Title:** Sharing the Truth
- **Main Scripture Passages:** John 16:13; John 13:34–35; John 15:26–27
- **Session Overview:** The goal of this session is to help you and your students explore ways to practically and sacrificially love their spiritual family and those who aren't following Jesus yet. They will evaluate how well they put their love into action and whether their love is genuine or not. When genuine love is evident among Christ-followers, non-believers will notice! When we follow Christ's example sincerely, we reflect the trueness of the Gospel, which God can use to draw others toward himself.

LARGE GROUP OVERVIEW

Large Group Session 1: Romans 1:18–25

Large Group Session 2: John 8:31–38

Large Group Session 3: Matthew 7:24–27; Ephesians 4:17–32

Large Group Session 4: 1 John 3:16–24

STUDENT BOOK DEVOTIONAL OVERVIEW

Devotional 1: Isaiah 45:18–22

Devotional 2: 1 John 2:20–25

Devotional 3: Deuteronomy 30:11–14

Devotional 4: 1 Samuel 25:1b–42

SMALL GROUP LEADER GUIDE



SESSION 1: TRUTH DISTORTED

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HOW TO USE THIS RESOURCE

GOAL:

The goal of this lesson is twofold:

1. *This small group lesson is designed to help you and your students reflect on who or what is most important in their lives. They will identify what they're chasing after for happiness and fulfillment instead of chasing after God himself. When we choose to worship things other than God, we exchange "the truth about God for a lie."*
2. *It is also designed to make it easy for you to facilitate and teach students. That is why the Small Group Leader Guide is packed with easy-to-use instructions, timeframes, and questions that promote thinking and draw out real responses.*

WHAT YOU WILL NEED:

- A copy of the Small Group Leader Guide for you and any other facilitators.
- A Student Book for each participant.
- Be sure to check out the Live It Out section ahead of time to prepare. You'll need:
 - *slideshow of eight to ten famous paintings, along with fakes/replicas of those prints*
 - *paper and pencils for each student*

TEACHER PREP VIDEO:

Don't forget to take a minute and watch the teacher prep video found in your DNow Studies account. It's a short video that will take you through some of the need-to-knows before you dive into this lesson with students.

WHAT'S INCLUDED: SMALL GROUP LEADER GUIDE OR STUDENT BOOK

This table outlines the parts of each lesson and provides an approximate timeframe that you can adapt to meet the needs of your group.

LESSON ELEMENTS (and brief description)	INCLUDED IN SMALL GROUP LEADER GUIDE	INCLUDED IN STUDENT BOOK	APPROXIMATE TIMEFRAME
LARGE GROUP TALK REVIEW W/OPENING QUESTIONS Recap the teaching. Get discussion going by sharing answers from the end of the Large Group Talk.	✓	✓	3–5 minutes
A SECOND LOOK A look at how recognizing God's truth impacts your everyday life—followed by discussion questions.	✓	✓	10–15 minutes
A LITTLE DEEPER Dig into Bible passages that were not in the Large Group Talk. See what else Scripture says about this topic.	✓	✓ (w/discussion questions)	10–15 minutes
LIVE IT OUT An experiential activity to help students reinforce and internalize the lesson—followed by discussion questions.	✓		15–20 minutes
APPLY IT A practical application for students to do this week.	✓	✓	2–3 minutes
STUDENT DEVOTIONAL A short devotional for students to do on their own.		✓	

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SMALL GROUP SESSION ONE: TRUTH DISTORTED

THE FIRST MEETING

Since this is the first small group meeting for this event, take the time to lay the foundation for the whole event.

- *If your students don't know each other, cover introductions and consider an icebreaker (see leadertreks.org/freebies for several icebreaker and team-building activities).*
- *Make sure to cover the schedule and ground rules for the event, especially if you are staying at a host home.*
- *Tell students why you are here. You are probably sacrificing some time and comfort to be a small group leader and, chances are, it's worth it! Let students know why you care so much about them and why you want to invest in them to help them grow. Tell students why you think they're great and why it's worth it for you to be a small group leader this weekend!*

LARGE GROUP TALK REVIEW

Take a minute to review what students just learned in the Large Group Talk. Have them pull out their notes, and ask them to share what their answers were for the two questions found on **page 4** of the Student Book (see below). Consider having students share their answers with a partner, and then ask for two or three volunteers who might want to share with the whole group.

Question 1: What (or whom) in your life tends to be more of a priority than God?

Question 2: Why, in your opinion, does that thing or person rival God for the most important spot in your life?

A SECOND LOOK

*Read this story together and answer the following questions, found on **page 6** of the Student Book.*

Imagine someone saying that God is the most important thing in their life. They say they love God and only worship him. But in reality, God doesn't have the number one spot in their life because they don't prioritize their relationship with him or their spiritual growth. They neglect regular prayer and Bible reading rhythms while spending hours scrolling social media or binge-watching their favorite shows. They aren't actively plugged into a local body of believers and only attend church if they don't have anything else going on. Maybe they claim to care about those who don't know Jesus yet, but they do nothing to help further God's Kingdom. They might claim to be generous, but they rarely give to support their local church or those in need. When we evaluate our lives, these are helpful categories to think about. If we prioritize ourselves over God—chasing after our comfort or fulfillment in something or someone other than God—we worship ourselves (or other things like entertainment, sports, etc.). Our actions, not words, prove what's most important to us and what we worship.

Discuss

- If you were to track how you spent your days for a week straight, what would your time declare to be the most important thing in your life? (How many hours on entertainment, practicing, on your phone, praying, eating, reading your Bible, etc.)
- In what specific ways do you prioritize God and your spiritual growth?

- What areas of your life do you think or say you prioritize God, but your actions suggest otherwise?
- Who in your life do you know loves and worships God, and you know it because you see it, not because they simply say it? And what is one habit or practice you can adopt from that person into your own life?

A LITTLE DEEPER

The world offers many promises for lasting fulfillment and happiness. Unfortunately, these promises are lies because nothing in all creation can ultimately satisfy us and be worthy of our worship. Nothing usurps God's ultimate power and divinity as Creator of all things. He is the only one worthy of our complete devotion and worship!

Read each Bible passage and answer the questions, found in the Student Book on pages 7 and 8:

PSALM 19:1-6

"The heavens declare the glory of God, and the sky above proclaims his handiwork. Day to day pours out speech, and night to night reveals knowledge. There is no speech, nor are there words, whose voice is not heard. Their voice goes out through all the earth, and their words to the end of the world. In them he has set a tent for the sun, which comes out like a bridegroom leaving his chamber, and, like a strong man, runs its course with joy. Its rising is from the end of the heavens, and its circuit to the end of them, and there is nothing hidden from its heat."

Discuss

- Why do you think this Psalm highlights the heavens (sun, moon, and stars) and the sky?
- If these created things could speak audibly, what do you think they might say?
- Share about a time when you were in awe of the stars, sun, moon, or sky.

Say Something Like: *Creation is truly amazing. It reveals the glory of God and his unfathomable creativity and power. Just think of the stars, moon, and sun and how they speak to the world of how awesome God is! These things are created so that we will direct our gaze and worship to the one who made them all.*

JOHN 8:44

"You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies."

Discuss

- How can you know whether something is a lie or the truth? How can you confirm it?
- What lie(s) of the devil have you fallen for in the past? What lie might you be believing right now?
- How can you grow in hearing and accepting Jesus' words instead of the lies of Satan?

Say Something Like: *In this passage, Jesus is talking to some Jewish people who sought to kill him (8:37, 40), and Jesus' words are painfully clear: there is no truth in Satan. He only lies. He has always been a liar and a murderer. And those who do not accept Jesus' words are children of the devil. Yikes!*

JOHN 10:10

"The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

Discuss

- How do you or others justify worshiping other things besides God?
- What might it look like for the devil to steal, kill, and destroy a person?
- What does it mean to have an abundant life?

Say Something Like: *Our enemy (the devil) does not have our best interests in mind—don't believe his lies! He wants us to think we can worship things other than God and be fine, but that only leads to our destruction. On the other hand, Jesus came to earth so we can have an abundant life! We can only be completely fulfilled when we are in relationship with him and worship him alone. Yes, there are good things for us to enjoy on this earth, but they're not to be our top priority or pursuit—God should be!*

LIVE IT OUT: Recognizing the Lie

What you'll need: Slideshow of eight to ten famous paintings, along with fakes/replicas of those prints. Paper and pencils for each student..

Say Something Like: *God doesn't hide his power and divinity from us. In fact, he's quite obvious about how amazing he is through his creation! He wants us to turn to him and worship him alone and not fall for the lies of the devil. When we believe that other things or people are worthy of our worship, by prioritizing and chasing after those things more than God, we are trading the truth about God for a lie and suppressing the truth. And sadly, if we don't repent from our foolish idolatry, we invite God's righteous and fair wrath.*

Instructions

1. Set up the slideshow and give each student a piece of paper and a pen. Each slide should show a famous painting next to a replica, side-by-side. One painting is the real deal, and the other is fake, which someone else painted to look like the real thing. Put "A" and "B" under each painting. There should be at least eight different slides with a new pair of paintings on each.
2. **Say something like:** *Your job is to spot the fake painting. One will be a photo of the real painting, and the other will be a replica. Let's see if you can recognize which one is the "lie" on each slide.*
3. Go through each slide slowly and let the students write down "A" or "B" on their paper for each slide. Then, go over each slide and reveal which painting was the fake on each slide. Let the students score their papers and consider giving out a prize for the one(s) who got them all correct.
4. **Say something like:** *It can be easy to fall for a lie, and that's exactly the devil's goal: to make us believe other things are more important than God, that we (or anything else) are worthy of worship rather than the Creator. If the devil can successfully convince us that we won't be fulfilled without "xyz," then he's done his job. But we need to be able to spot his lies, recognize what our idols are, repent of our sin of idolatry, and turn to worship God alone—the only one who is worthy of our worship!*

Debrief

- What idol might the Holy Spirit be convicting you of today?
- What truths from the Bible can you remember as you fight the temptation to worship other things?
- Choose something in nature that amazes or awes you. What does that specific thing or phenomenon reveal about God?

APPLY IT

Brainstorm a practical way you can worship God this week. How can you dwell on and praise him for his power and divine nature?

Be specific:

What are you going to do?

When are you going to do it?

Is there someone who can keep you accountable?

Leader's Note: Whenever students make applications, challenge them to be specific. It's one thing to say, "I'm going to trust God more." The truth is, our students won't really know if they did this, or if they grew in trust over the week. It's another thing to say, "Every morning this week before I eat breakfast, I'm going to tell God that today is his and that I trust him, and I'm going to ask him to give me the strength to replace worries with trust." Challenge your students to answer the questions under the "Be Specific" section. You can even have them pair up, share their applications, and ask for accountability from their partner.

WHAT'S NEXT?

Schedule: Let students know what's happening next in the schedule & what they need to do or bring with them.

Student Devotional: The Student Book contains a short devotional for students to do on their own. Remember to point this out to students and let them know if and when this fits into the schedule of the weekend. The devotional that corresponds with this lesson is found on **page 35**.



LEGIT

INTERACTIVE STUDENT BOOK



INTERACTIVE STUDENT BOOK

THIS BOOK BELONGS TO:

Legit: The Truth Is Out There

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WELCOME TO LEGIT

Is it possible to know Truth?

In this study, you will discover that the Truth is out there—and it's easier to discover than you might think. Believing a distorted truth comes naturally to us as sinners, but the reality is that we can be set free from that by turning to Christ and his Word. This new freedom allows us to take hold of our new life of truth in Christ and display the love of Christ to the people around us. The four lessons explore four aspects of Truth:

1. Truth Distorted
2. Truth Brings Freedom
3. Building Your Life on the Truth
4. Sharing the Truth

Dig in and discover the Truth for yourself!

Here are some things you need to know as you go through this study:

- 1. God wants to connect with you.** In fact, he's looking forward to it. But how ready are you to connect with him? As you go in and out of the sessions and devotional times, make sure you are willing to listen to him and learn from him. He promises that he will come near to you if you come near to him (James 4:8). Try it!
- 2. What you put into this study is what you'll get out of it.** There are people all around you who have spent a lot of time praying for you and getting ready to invest in you. You'll probably meet some new people, hear some new speakers, and get a chance to spend some quality time with God and with friends. Take advantage of it! Ask hard questions. Commit to being authentic and honest. God wants to use this time and these people in your life.



SESSION ONE

INTRO

TRUTH DISTORTED


God reveals his power and divine nature to humanity through nature, but much of humanity throughout the centuries has chosen to worship created things instead of the Creator himself. God warns us that we have no excuse for ignoring him because he's made his existence plain and displays his power as the divine God of the universe. When people reject God and worship anything or anyone instead, it is sin, which always leads to destruction.

LARGE GROUP

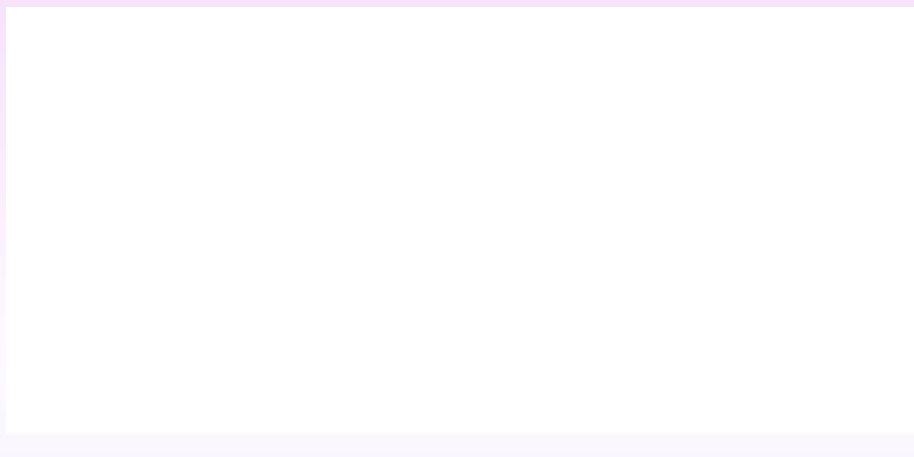
SESSION 1: TRUTH DISTORTED

These two pages are designed so you can take note of anything that stands out to you and that you think is worth remembering during the large group talk. This talk will set the stage for the rest of the session. Consider writing down main points, quotes, Bible verses, and any questions that pop into your head.

A large, empty rectangular box with a light yellow background, intended for participants to take notes during the session.



What (or whom) in your life tends to be more of a priority than God?



Why, in your opinion, does that thing or person rival God for the most important spot in your life?



SMALL GROUP

SESSION 1: TRUTH DISTORTED

A SECOND LOOK

Imagine someone saying that God is the most important thing in their life. They say they love God and only worship him. But in reality, God doesn't have the number one spot in their life because they don't prioritize their relationship with him or their spiritual growth. They neglect regular prayer and Bible reading rhythms while spending hours scrolling social media or bingewatching their favorite shows. They aren't actively plugged into a local body of believers and only attend church if they don't have anything else going on. Maybe they claim to care about those who don't know Jesus yet, but they do nothing to help further God's Kingdom. They might claim to be generous, but they rarely give to support their local church or those in need. When we evaluate our lives, these are helpful categories to think about. If we prioritize ourselves over God—chasing after our comfort or fulfillment in something or someone other than God—we worship ourselves (or other things like entertainment, sports, etc.). Our actions, not words, prove what's most important to us and what we worship.

If you were to track how you spent your days for a week straight, what would your time declare to be the most important thing in your life? (How many hours on entertainment, practicing, on your phone, praying, eating, reading your Bible, etc.)

In what specific ways do you prioritize God and your spiritual growth?



What areas of your life do you think or say you prioritize God, but your actions suggest otherwise?



Who in your life do you know loves and worships God, and you know it because you see it, not because they simply say it? And what is one habit or practice you can adopt from that person into your own life?



SMALL GROUP

SESSION 1: TRUTH DISTORTED

A LITTLE DEEPER

The world offers many promises for lasting fulfillment and happiness. Unfortunately, these promises are lies because nothing in all creation can ultimately satisfy us and be worthy of our worship. Nothing usurps God's ultimate power and divinity as Creator of all things. He is the only one worthy of our complete devotion and worship!

PSALM 19:1-6

"The heavens declare the glory of God, and the sky above proclaims his handiwork. Day to day pours out speech, and night to night reveals knowledge. There is no speech, nor are there words, whose voice is not heard. Their voice goes out through all the earth, and their words to the end of the world. In them he has set a tent for the sun, which comes out like a bridegroom leaving his chamber, and, like a strong man, runs its course with joy. Its rising is from the end of the heavens, and its circuit to the end of them, and there is nothing hidden from its heat."

Why do you think this Psalm highlights the heavens (sun, moon, and stars) and the sky?

If these created things could speak audibly, what do you think they might say?

Share about a time when you were in awe of the stars, sun, moon, or sky.

JOHN 8:44

"You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies."

How can you know whether something is a lie or the truth? How can you confirm it?

What lie(s) of the devil have you fallen for in the past? What lie might you be believing right now?

How can you grow in hearing and accepting Jesus' words instead of the lies of Satan?

JOHN 10:10

"The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

How do you or others justify worshiping other things besides God?

What might it look like for the devil to steal, kill, and destroy a person?

What does it mean to have an abundant life?

SMALL GROUP

SESSION 1: TRUTH DISTORTED

APPLY IT

Brainstorm a practical way you can worship God this week. How can you dwell on and praise him for his power and divine nature?

BE SPECIFIC

What are you going to do?

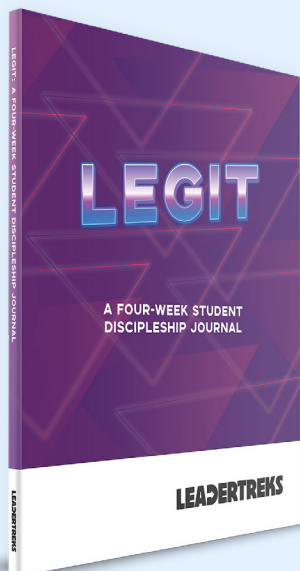
When are you going to do it?

Is there someone who can keep you accountable?

NOTES

KEEP GOING!

The Legit Study may be over, but you can keep drawing near to God with **Legit: A 4-Week Student Discipleship Journal**.



Legit Follow-up Journal

An incredible way to continue growing on your own or with a small group, each journal includes four weeks of:

- Bible Studies
- Challenges
- Thought-Provoking Experiences
- Hard Questions
- Marks of a Disciple

Get it at leadertreks.org/dnow-studies.

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A PATHWAY TOWARD DEEPER FAITH

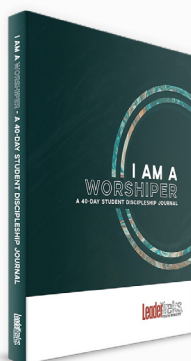
This 4-part devotional bundle is designed to take you deeper in your faith. The "I Am" Series includes four 40-day devotional journals that help you grow a solid identity in Christ, from new believer to whole-hearted worshiper, authentic disciple, and Christ-like leader.

"I AM" SERIES BUNDLE



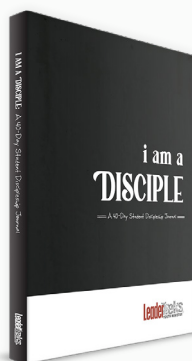
I AM NEW

Learn the 8 essential habits of believers. Following Jesus takes practice and patience. This journal helps develop ways to mature in faith, become more like Jesus, and grow closer to God. You're not alone—Jesus is always with you, guiding and helping you grow.



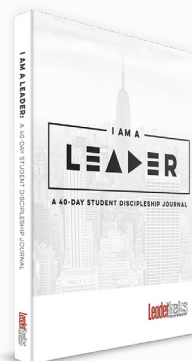
I AM A WORSHIPER

Explore 8 essential traits and attitudes of worship. Experiencing God and understanding the Gospel make worship a vital part of our walk with Christ, not just a Sunday activity. Through worship, we learn about God, his heart for his people, and his worthiness of all glory and honor.



I AM A DISCIPLE

Focus on 8 core lessons Jesus taught his disciples. Developing the spiritual strengths needed to follow Christ and grow in your faith is a life-long challenge. This journal helps you learn about your spiritual gifts and how God has uniquely equipped you to follow and walk with him.



I AM A LEADER

Practice 8 essential leadership skills. Discover your God-given abilities and mission as you are equipped to be a servant leader who pursues God's purpose. Ideal for new and growing leaders, this journal helps you apply godly leadership principles.

Try a sample and order journals at leadertreks.org/i-am-series-bundle

IS IT POSSIBLE TO KNOW TRUTH?

In this study, you will discover that the Truth is out there—and it's easier to discover than you might think. Believing a distorted truth comes naturally to us as sinners, but the reality is that we can be set free from that by turning to Christ and his Word. This new freedom allows us to take hold of our new life of truth in Christ and display the love of Christ to the people around us. The four lessons explore four aspects of Truth:

1. Truth Distorted
2. Truth Brings Freedom
3. Building Your Life on the Truth
4. Sharing the Truth

Dig in and discover the Truth for yourself!

THIS LEGIT STUDENT BOOK FEATURES

- *Interactive small group Bible studies*
- *Experiential activities*
- *Notes for your large group sessions*
- *Devotionals to help you go deeper*



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