



LEGIT

INTERACTIVE STUDENT BOOK



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THIS BOOK BELONGS TO:

Legit: The Truth Is Out There

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WELCOME TO LEGIT

Is it possible to know Truth?

In this study, you will discover that the Truth is out there—and it's easier to discover than you might think. Believing a distorted truth comes naturally to us as sinners, but the reality is that we can be set free from that by turning to Christ and his Word. This new freedom allows us to take hold of our new life of truth in Christ and display the love of Christ to the people around us. The four lessons explore four aspects of Truth:

1. Truth Distorted
2. Truth Brings Freedom
3. Building Your Life on the Truth
4. Sharing the Truth

Dig in and discover the Truth for yourself!

Here are some things you need to know as you go through this study:

- 1. God wants to connect with you.** In fact, he's looking forward to it. But how ready are you to connect with him? As you go in and out of the sessions and devotional times, make sure you are willing to listen to him and learn from him. He promises that he will come near to you if you come near to him (James 4:8). Try it!
- 2. What you put into this study is what you'll get out of it.** There are people all around you who have spent a lot of time praying for you and getting ready to invest in you. You'll probably meet some new people, hear some new speakers, and get a chance to spend some quality time with God and with friends. Take advantage of it! Ask hard questions. Commit to being authentic and honest. God wants to use this time and these people in your life.



SESSION ONE

INTRO

TRUTH DISTORTED


God reveals his power and divine nature to humanity through nature, but much of humanity throughout the centuries has chosen to worship created things instead of the Creator himself. God warns us that we have no excuse for ignoring him because he's made his existence plain and displays his power as the divine God of the universe. When people reject God and worship anything or anyone instead, it is sin, which always leads to destruction.

LARGE GROUP

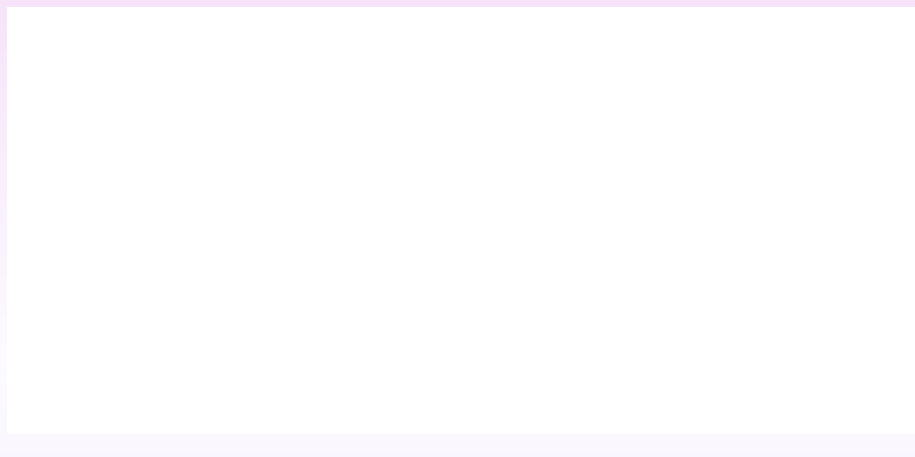
SESSION 1: TRUTH DISTORTED

These two pages are designed so you can take note of anything that stands out to you and that you think is worth remembering during the large group talk. This talk will set the stage for the rest of the session. Consider writing down main points, quotes, Bible verses, and any questions that pop into your head.

A large, empty rectangular box with a light yellow background, intended for participants to take notes during the session.



What (or whom) in your life tends to be more of a priority than God?



Why, in your opinion, does that thing or person rival God for the most important spot in your life?



SMALL GROUP

SESSION 1: TRUTH DISTORTED

A SECOND LOOK

Imagine someone saying that God is the most important thing in their life. They say they love God and only worship him. But in reality, God doesn't have the number one spot in their life because they don't prioritize their relationship with him or their spiritual growth. They neglect regular prayer and Bible reading rhythms while spending hours scrolling social media or bingewatching their favorite shows. They aren't actively plugged into a local body of believers and only attend church if they don't have anything else going on. Maybe they claim to care about those who don't know Jesus yet, but they do nothing to help further God's Kingdom. They might claim to be generous, but they rarely give to support their local church or those in need. When we evaluate our lives, these are helpful categories to think about. If we prioritize ourselves over God—chasing after our comfort or fulfillment in something or someone other than God—we worship ourselves (or other things like entertainment, sports, etc.). Our actions, not words, prove what's most important to us and what we worship.

If you were to track how you spent your days for a week straight, what would your time declare to be the most important thing in your life? (How many hours on entertainment, practicing, on your phone, praying, eating, reading your Bible, etc.)

In what specific ways do you prioritize God and your spiritual growth?



What areas of your life do you think or say you prioritize God, but your actions suggest otherwise?



Who in your life do you know loves and worships God, and you know it because you see it, not because they simply say it? And what is one habit or practice you can adopt from that person into your own life?



SMALL GROUP

SESSION 1: TRUTH DISTORTED

A LITTLE DEEPER

The world offers many promises for lasting fulfillment and happiness. Unfortunately, these promises are lies because nothing in all creation can ultimately satisfy us and be worthy of our worship. Nothing usurps God's ultimate power and divinity as Creator of all things. He is the only one worthy of our complete devotion and worship!

PSALM 19:1-6

"The heavens declare the glory of God, and the sky above proclaims his handiwork. Day to day pours out speech, and night to night reveals knowledge. There is no speech, nor are there words, whose voice is not heard. Their voice goes out through all the earth, and their words to the end of the world. In them he has set a tent for the sun, which comes out like a bridegroom leaving his chamber, and, like a strong man, runs its course with joy. Its rising is from the end of the heavens, and its circuit to the end of them, and there is nothing hidden from its heat."

Why do you think this Psalm highlights the heavens (sun, moon, and stars) and the sky?

If these created things could speak audibly, what do you think they might say?

Share about a time when you were in awe of the stars, sun, moon, or sky.

JOHN 8:44

"You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies."

How can you know whether something is a lie or the truth? How can you confirm it?

What lie(s) of the devil have you fallen for in the past? What lie might you be believing right now?

How can you grow in hearing and accepting Jesus' words instead of the lies of Satan?

JOHN 10:10

"The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

How do you or others justify worshiping other things besides God?

What might it look like for the devil to steal, kill, and destroy a person?

What does it mean to have an abundant life?

SMALL GROUP

SESSION 1: TRUTH DISTORTED

APPLY IT

Brainstorm a practical way you can worship God this week. How can you dwell on and praise him for his power and divine nature?

BE SPECIFIC

What are you going to do?

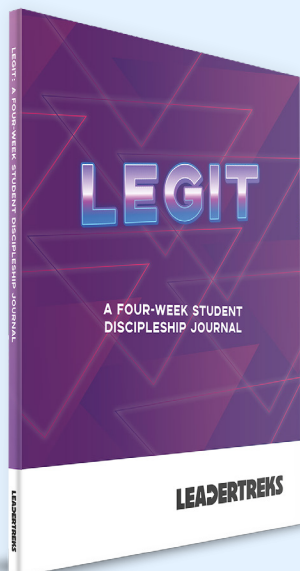
When are you going to do it?

Is there someone who can keep you accountable?

NOTES

KEEP GOING!

The Legit Study may be over, but you can keep drawing near to God with **Legit: A 4-Week Student Discipleship Journal**.



Legit Follow-up Journal

An incredible way to continue growing on your own or with a small group, each journal includes four weeks of:

- Bible Studies
- Challenges
- Thought-Provoking Experiences
- Hard Questions
- Marks of a Disciple

Get it at leadertreks.org/dnow-studies.

LEADERTREKS HAS SUMMER INTERNSHIPS!

If you are in college, you can join a LeaderTreks staff member to lead missions or adventure trips. Learn more about our summer internship program at leadertreks.org/jobs.



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A PATHWAY TOWARD DEEPER FAITH

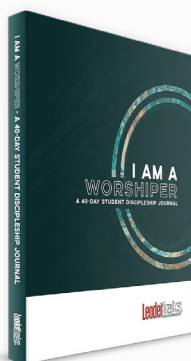
This 4-part devotional bundle is designed to take you deeper in your faith. The "I Am" Series includes four 40-day devotional journals that help you grow a solid identity in Christ, from new believer to whole-hearted worshiper, authentic disciple, and Christ-like leader.

"I AM" SERIES BUNDLE



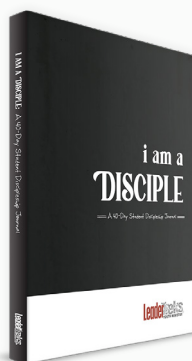
I AM NEW

Learn the 8 essential habits of believers. Following Jesus takes practice and patience. This journal helps develop ways to mature in faith, become more like Jesus, and grow closer to God. You're not alone—Jesus is always with you, guiding and helping you grow.



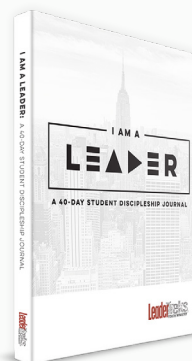
I AM A WORSHIPER

Explore 8 essential traits and attitudes of worship. Experiencing God and understanding the Gospel make worship a vital part of our walk with Christ, not just a Sunday activity. Through worship, we learn about God, his heart for his people, and his worthiness of all glory and honor.



I AM A DISCIPLE

Focus on 8 core lessons Jesus taught his disciples. Developing the spiritual strengths needed to follow Christ and grow in your faith is a life-long challenge. This journal helps you learn about your spiritual gifts and how God has uniquely equipped you to follow and walk with him.



I AM A LEADER

Practice 8 essential leadership skills. Discover your God-given abilities and mission as you are equipped to be a servant leader who pursues God's purpose. Ideal for new and growing leaders, this journal helps you apply godly leadership principles.

Try a sample and order journals at leadertreks.org/i-am-series-bundle

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4. Sharing the Truth

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THIS LEGIT STUDENT BOOK FEATURES

- *Interactive small group Bible studies*
- *Experiential activities*
- *Notes for your large group sessions*
- *Devotionals to help you go deeper*



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